



**Indiana University South Bend
4v4 Indoor Soccer Rules
Spring 2010**



**Indiana University South Bend
Intramural Policies and Procedures**

RULES

The Office of Athletics and Activities uses the National Intramural Recreational Sports Association (NIRSA) governing body rules for the majority of the rules for all sports. However, there are some rules added or changed for the best of the program. These changes are all written into the rules for the specific sport or event.

FEES

Team sports have a fee of \$25.00 per team. Individual and dual sports have a fee of \$5.00. Some events are offered for free.

WAIVERS

Each participant is required to read and sign a WAIVER form before they can participate. The university assumes NO medical or financial responsibility for any voluntary participation in intramural sports. The university encourages all intramural participants to maintain their own health and/or accident insurance, as well as insurance to cover personally owned equipment.

ELIGIBLE PLAYERS

- A. Students who are registered for classes, pay IU South Bend tuition, and have valid Student Activities Center (SAC) memberships
- B. Faculty and staff (*not* faculty and staff spouses) who have valid SAC memberships
- C. Dues-paying members of the IU South Bend Alumni Association who have valid SAC memberships
- D. Participants listed on a team/individual the entry forms located at the front desk of the SAC
- E. (Team sports) Players added at any time during the regular season, providing they have not already played for another team. Teams can add a player at game time, provided he/she has proper identification. This player's name is then added to the team roster, after checking eligibility. Rosters are frozen for teams participating in playoffs. Players must have participated in at least one regular-season game to be eligible to participate in a playoff game.
- F. Students, faculty, and staff who can present a **valid IU South Bend picture identification (ID)** card to the game official prior to the start of the game or event. **If an IU South Bend student/faculty/staff picture ID is not presented, the participant cannot play.**
- G. IU South Bend Alumni Association members who can present a valid **SAC membership card and a valid form of picture identification** (e.g., driver's license, state ID, etc.)

- H. Former collegiate varsity/junior varsity or military academy players may participate, providing that a full year (12 months, 365 days) has elapsed since the last day of the last season of any type of intercollegiate participation.
- A team is limited to one former varsity/junior varsity squad member meeting the specified criteria.
 - Current intercollegiate (varsity or junior varsity) and military academy players are ineligible.

EQUIPMENT

Jewelry may not be worn during intramural activities. The only jewelry permitted is medical bracelets and wedding bands.

CAPTAINS/MANAGERS

All captains/managers must attend the MANDATORY preseason captains' meeting. The day and time of the meeting is announced on the intramural sports' website and on flyers posted around campus. Failure to attend this meeting results in an automatic loss to start the season. You must have a representative at the captains/managers meeting to get your season schedule.

FORFEIT POLICY

- A. If game time arrives and one team does not have the minimum number of three players, then the team is awarded an additional five minutes for participants to arrive.
- B. If the team has at least three players present by the end of the additional time period, then the game must start promptly, and game time is reduced by five minutes.
- C. If, after the additional five minutes, the team does not have the minimum of three players, then the game is awarded to the team that has enough players.
- D. If neither team has the minimum of three players, then there it is a double forfeit.

Once a participant or team forfeits twice, they are automatically eliminated from league and post-tournament play.

CONDUCT

All players are encouraged to play to the best of their ability and make every effort to win, within the spirit of the rules. Teams are responsible for the actions and behavior of their players, coaches, and spectators. Please behave in a courteous and responsible manner. Good sportsmanship is required at ALL TIMES.

- Any player ejected from a game must sit out the remainder of that game and cannot play again until they meet with the intramural coordinator.
- If problems on the field/court continue, the player/participant will be asked to leave the field/facility.
- An ejection of a participant is also subject to further discipline that can go to the Office of Student Judicial Affairs at IU South Bend.

AWARDS

The championship team is awarded IU South Bend championship t-shirts immediately following the championship games/tournaments.

NUMBER OF PLAYERS

Each team may have as many players on their roster as they would like. As many as four players are allowed on the field at one time. A team must have at least one female on the field to have the maximum of four players on the field at once. A team may only play with three players if one female not playing.

SUBSTITUTIONS

Substitutions may be made on the fly during live action.

PLAYING FIELD

The 4v4 Indoor Soccer field is a regulation basketball court. Both endlines and sideline closest to the racquetball courts are out of bounds. The ball can be played off divider on sideline opposite the racquetball courts. There is a midfield dot directly in the middle of the field. Goals may only be scored by a team on their offensive side of the court.

GAME LENGTH

The game consists of two 15-minute halves, with a one minute intermission. A mercy rule is in effect starting in the second half when one team has a 10 goal advantage. Each team is allotted one 30-second timeout. Games ending in a tie at the end of regulation will move to a best-of-three half court shoot-out, alternating players. Should that end in a tie, a sudden death shoot out will occur to determine the winner. No overtime will be played during regular season.

OFFSIDES

There is no offsides.

SLIDE TACKLING

Slide tackling is not permitted. If a player is in possession of the ball, a defensive player may not attempt to take possession away using a slide tackle. The first slide tackle will be a warning for both teams. All slide tackles after that will be a yellow card. All slide tackles from behind are automatic yellow cards. If the ball is going out of bounds, a player may slide to keep it in bounds as long as there is no player in the area. The first slide tackle

FREE KICKS

All kicks are direct except kick-offs.

DEAD BALL SITUATIONS

There must be at least three yards between the dead ball and the nearest defender. This includes: kick-ins, indirect kicks, direct kicks, and goal kicks. If the dead ball is within five yards of the goal box, the ball is backed up to five yards from the goal area in the line of the penalty.

KICK-INS

The ball is kicked in after all out-of-bounds infractions. There are no throw-ins. All kick-ins are direct kicks.

KICK-OFF

Kick offs may be taken in any direction including backwards. A team cannot score directly from a kick-off.

GOAL KICKS

May be taken from any point on the endline

PENALTY KICKS

Penalty kicks are taken from half court. A penalty kick involves no defenders and is a free kick for the person who was fouled. A free kick is a scoring opportunity taken away by a foul.

CARDING (YELLOW AND RED) RULES

Any deliberate act to stop or delay a game, hurt a player, or any unsportsmanlike conduct penalty the referee deems worthy of a warning or ejection. Yellow cards are used as a warning, and red cards are used as an ejection. Any player that receives two yellow cards over the course of one game is also ejected. If a player is issued a red card, or two yellow cards, must meet with the intramural director before resuming play the next night of a game. If a player receives two red cards, or three yellow cards, they are no longer allowed to play intramural sports. These cards may be assessed by the intramural official.