

Outdoor Soccer Quick Facts

1. Eligible Players- Each team must consist of 7 players. 6 males and 1 female. If team does not have a female, they must play with 6.
 - a. A team is limited to TWO former varsity/junior varsity squad members or current club players
2. Forfeit- Team must have at least five players to start the game. Once a team forfeits twice, they are automatically eliminated from the league and post-tournament play.
3. Equipment- No jewelry is allowed. Players must have closed toe athletic shoes or molded rubber cleats.
4. During Play-
 - a. Before the game starts, a coin toss will determine who has possession of the ball.
 1. Offensive team starts with the ball at mid field. All opposing players must be at least 10 yards away from the ball until it is touched
 - b. Playing time is Two 20 minute halves
 - c. Running clock
 - d. No overtime during the regular season
5. Scoring- A goal is scored when the entire ball passes beyond the goal line, between the goal posts and under the cross bar provided it has not been deliberately thrown, carried or propelled by the hand or arm of a player on the attacking team.
6. Ball in Play, Dead Ball
 - a. Ball is out of bounds, when entire ball crosses the line
 - i. The ball can be on the ground or in the air
7. Slide Tackling
 - a. Slide tackling is not allowed
 - b. First violation will be a warning for both teams
 - i. All violations after will result in a yellow card
 - c. Aggressive slide tackles will result in a red card

8. Handling the ball

- a. A player shall be penalized for deliberately handling, carrying, striking or propelling the ball with a hand or arm.
 - i. Exception: Goalkeeper within his/her penalty area